

NDIS Fact Sheet for Kyabra families



What is the NDIS?

The National Disability Insurance Scheme (NDIS):

- ✦ Will provide all Australians under the age of 65 who have a permanent and significant disability with the reasonable and necessary supports they need to enjoy an ordinary life.
- ✦ Will help people with disability achieve their goals. This may include greater independence, community involvement, employment and improved wellbeing.
- ✦ Take a lifetime approach, investing in people with disability early to improve their outcomes later in life.

The NDIS also provides people with disability, their family and carers with information and referrals to existing support services in the community.

By 2019, the NDIS will support about 460,000 Australians with disability.

To become an NDIS participant you must:

- ✦ Have a permanent impairment that significantly affects your ability to take part in everyday activities, or have a developmental delay
- ✦ Be aged less than 65 when you first apply to enter the NDIS;
- ✦ Be an Australian citizen or hold a permanent visa or a Protected Special Category visa

When will the NDIS be rolled out in Queensland, and in Brisbane?

The roll-out in Queensland began on 1 July 2016 in the Townsville region. The NDIS will commence roll-out on 1 July 2018 in Brisbane, and participants are able to check their eligibility from 6 months prior.

What does an NDIS Plan look like?

- ✦ NDIS plan outlines what is funded and how money can be spent
- ✦ Two types of funded support:
 1. Flexible supports
 - Assist with daily living activities (personal care, therapy)
 - Buy more of some, less of others
 2. Fixed supports
 - Assist to build capacity and increase independence
 - Includes aids, transport, employment assistance
 - Funds cannot be used to buy other supports

How can Parents and Carers be involved in the NDIS planning process?

- ✦ The NDIS planning process can include a Carer Statement, which outlines your ability to care and to sustain your caring role.
- ✦ Carer Statement is not part of the formal process, however will be taken into consideration in the planning process with the NDIA Planner.
- ✦ Resources are available to help you prepare your Carer Statement.

What will the NDIS mean for Kyabra?

- ✦ Kyabra will offer support to people with disabilities and their families to get ready for the NDIS.
- ✦ Kyabra will provide disability services as part of a person's NDIS Plan.

What is Kyabra doing to help families prepare for the NDIS?

- ✦ Pre-planning - Meeting with Individuals and families to talk through their current supports (and costs) and what additional supports they may be able to purchase with the NDIS.
- ✦ Information – Giving people information about what Kyabra will be providing through the NDIS.
- ✦ Ongoing support – Kyabra will continue to support you and your family until your NDIS eligibility is determined and your NDIS planning process is finalised.
- ✦ NDIS service delivery – Kyabra will be providing disability supports and services under the NDIS and you can choose Kyabra to provide these supports as part of your NDIS plan.

What services and supports will Kyabra offer under NDIS?

1. Supports Coordination (Supports Coordinator):
 - ✦ This is a fixed amount for strengthening participant's abilities to coordinate and implement supports in their plans and to participate more fully in the community.
 - ✦ Can include linking participants with providers; helping to source providers; coordinating a range of supports including funded, mainstream and informal supports; resolving points of crisis; and parenting training.
2. Direct Support (Support Worker):
 - ✦ Assistance with daily personal activities – includes showering/bathing, grooming, toileting, mobility assistance with preparing meals, shopping, bill paying
 - ✦ Assistance with household tasks - domestic cleaning, laundry, meal preparation, unaccompanied shopping, bill paying, banking
 - ✦ Assistance with Social and Community Participation – support to access and link into community based activities that build skills and independence.
 - ✦ Individual life skills development and training
3. Plan Management (Plan Manager)
 - ✦ Managing the funding for supports under a participant's plan, including purchasing the supports identified in the plan, receiving and managing any funding provided by the NDIA, and acquitting any funding provided by the NDIA .
4. Carer Support

Kyabra's NDIS team

- ✦ Kyabra's NDIS team is supporting the activities throughout Kyabra to prepare for the NDIS. Email NDIS@kyabra.org